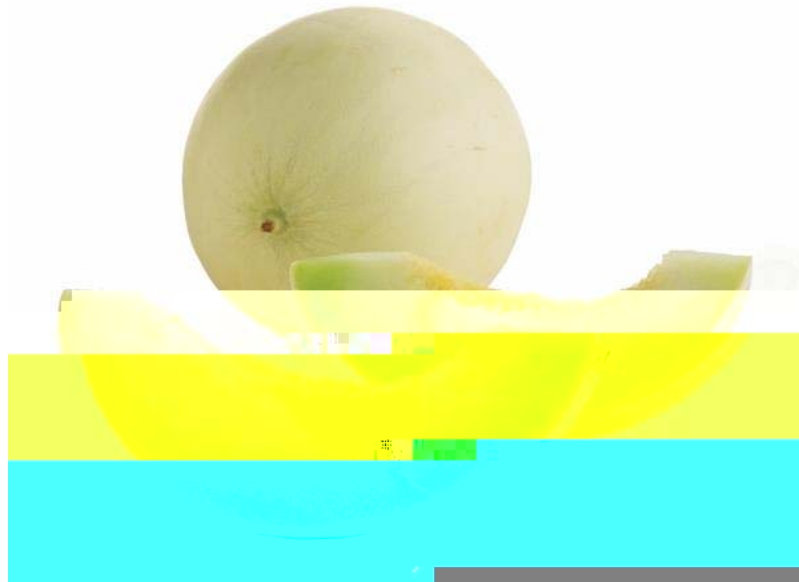


+ R Q H \ G H Z 0 H O R Q

Did you know?

- x +RQH\GHZ ZDV RULJLWKEOHHORQZG1\$QWLEHVLQ%QDDQFCH
- x +RQH\GHZ PHORQV WDVWH EHWWHU ZKHQ OHIW XQU HIU
- x :KHQ VHOHFWLQJ D KRQHR\GHZLQKRN ZDJLQQRWKHXJHOR
VKRXOG IHHO KHDDYGRWKLHWWXVLDHFH VDFRXZDGHQRXUHFV/EI
- x +RQH\GHZ PHORQV JURZ EHVW LQ D KRW GU\ FOLPDWH
- x 7KLV PHORQ LV DIJULHDDPVGXU FZKBFKULWKHV VHQZWWKODQ
UHSDLU RI WLVVXH DDDRPLQJ&WKEVERQSBHSDQURBNU
LPPXQH V\VVHP KHDOWK\



6RXUFHV

- x <https://www.fruitsandveggiesmorematters.org/honeydew>
- x <http://www.eatright.org/resource/food/vitamins-and-supplements/types-of-vitamins-and-nutrients/vitamin-c>
- x http://www.specialtyproduce.com/produce/Honeydew_Melon_1705.php
- x <https://www.webmd.com/food-recipes/features/honeydew-7-healthy-facts#1>
- x https://8e9d5b8b8dcb9208ef3f-01db2a53ae0368d03387780ee86ead55.ssl.cf2.rackcdn.com/0000000043290_CF_hyvee_default_large.jpeg (photo)